The Alpe Adria Cycle Route

10 DAYS / 9 NIGHTS, APPROX. 365 KM **BOOKING CODE: OE-ITSG9**

DAILY ROUTE LENGTH ... **TOPOGRAPHY**

BESTSELLER







Your tour

On this trip you will follow the Alpe-Adria Cycle Route, which takes you from the Austrian Alps to the Italian Mediterranean. You start in the Mozart city of Salzburg and discover rugged mountain ranges, wide valleys and numerous rivers and lakes along the way. Reward yourself after the one or other climb with relaxed descents and delicacies from the regional cuisine. A pinch of Austrian cosiness and a dash of Italian sociability round off this trip perfectly.

Itinerary

Day 1	Individual arrival to Salzburg
Day 2	Salzburg – Golling, approx. 35 km
Day 3	Golling – St. Johann in Pongau, approx. 35 km
Day 4	St. Johann – Mölltal, approx. 60 km + Train ride
Day 5	Mölltal – Spittal, approx. 30 km
Day 6	Spittal – Villach, approx. 40 km
Day 7	Villach – Gemona region, approx. 60 – 70 km + train ride
Day 8	Gemona – Udine, approx. 55 km
Day 9	Udine – Grado, approx. 55 km
Day 10	Individual departure

Travel time

Season A	26.0409.05.	27.09. – 05.10.	
Season B	10.05 23.05.	06.09 26.09.	
Season C	24.0505.09.		

Daily arrival 26.04. - 05.10.2025 The season is dictated by the arrival date.

Services

- \rightarrow 9 nights with breakfast, national 3* / 4*-level
- → Train ride Böckstein Mallnitz incl. bike
- → Train ride Villach Tarvis incl. bike
- → Luggage transport from hotel to hotel to Grado, max. 20 kg / piece
- \rightarrow Cycle route description with maps (1 x per room)
- → Service-Hotline (7 days, 08.00 a.m. 08.00 p.m.)

Not included services

→ Citys or visitors tax, if payable

Basic price per person

Doubleroom, Season A	1399,-
Doubleroom, Season B	1569,-
Doubleroom, Season C	1649,-
Additional fee single room	459,-

Additional night prices per person

Grado DBL / BB (season A)	109,-
Grado DBL / BB (season B)	119,-
Grado DBL / BB (season C)	129,-
Grado SGL / BB (season A)	175,-
Grado SGL / BB (season B)	185,-
Grado SGL / BB (season C)	195,-

Additional services per person

E-bike / Pedelec*	289,-
Rental bike (21-gear)*	109,-
Return transfer excl. bike (Thu, Fri, Sat, Sun)	175,-
Return transfer incl. bike (Thu, Fri, Sat, Sun)	215,-
*including rental bike insurance	

Exemplary hotel list

Salzburg	Hotel Goldenes Theater, Salzburg	http://www.goldenestheaterhotelsalzburg.com/ index_de.htm
Golling	Hotel Hauslwirt Golling	https://www.hauslwirt.at/de/
St. Johann	Brückenwirt, St. Johann	https://hotel-brueckenwirt.at/de/
Mölltal	Erlebnishotel Mölltal	https://www.erlebnishotel.at/
Spittal	Erlebnis Post – Hotel mit EigenART Spittal	http://www.erlebnis-post.at/
Villach	Voco, Villach	https://villach.vocohotels.com/de/hotel/
Gemona / Umgebung	Hotel Pittis Gemona	http://www.hotelpittis.com/
Udine	Clocchiatti Next Udine	http://www.hotelclocchiatti.it/
Grado	Rialto Grado	http://www.hotel-rialto.net/

Child reduction on basic price

12 - 14 Years

15 - 17 Years

Due to the more demanding stages, we recommend this trip only for young people with good stamina. Reduction for children is valid for accommodation in room with two full-paying guests.

Additional night prices per person

Additional hight prices per person	
Salzburg DBL / BB (in season A)	99,—
Salzburg DBL / BB (in season B)	115,-
Salzburg DBL / BB (season C)	125,-
Salzburg SGL / BB (season A)	189,-
Salzburg SGL / BB (season B)	205,-
Salzburg SGL / BB (season C)	215,-

Languages Travel documents

→ German, English, French

Additional note

- → All bookings are on request.
- \rightarrow In Austria, helmets are compulsory for children up to the age of 12.
- → Return journey to Salzburg: Optionally with a minibus every Thursday, Friday, Saturday and Sunday morning, duration approx. 4.5 hours, must be specified when booking.
- → Alternatively on your own by train, some connections per day, duration from approx. 5.5 hours, 1 – 3 x change trains.
- → Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

Equipment of our rental bikes

- → Bike lock
- → Odometer
- → Handlebar bag
- → Air pump
- → Breakdown kit (1 x per booking)
- \rightarrow Unflat Schwalbe Marathon Plus tyres or comparable
- → Waterproof pannier

Journey to Salzburg

- → Nearest airports: Salzburg, Munich
- → Train station: Salzburg

Parking in Salzburg

 → Hotel parking, cost depending on hotel category and availability between 12 - 25 € per day. Public parking garage, costs approx. 80 -115 € / week. No reservation possible through Radweg Reisen.

25%

10%

Luggage transport

→ Luggage pick-up from 09.00 a.m., delivery to the next hotel by 06.00 p.m. at the latest, labeling of luggage is 1 x for the whole tour. No restriction on the number of pieces of luggage, but max. 20 kg per piece of luggage.

Travel documents

- → 1 set (per booked room) consists of: hotel list and voucher, travel information with details on daily stages, short travel guides and route descriptions, maps, luggage tags
- → Travel document dispatch to the arrival hotel, hotel list and arrival information in advance by e-mail

Stages description

Day 1: Individual arrival to Salzburg

Plan an early arrival in the world-famous Mozart city of Salzburg. Numerous historical and cultural sights such as the Mirabell and Hellbrunn castles and Getreidegasse with Mozart's birthplace await you. We recommend a visit to the Hohensalzburg Fortress, which towers high above the city. Enjoy the wonderful view of the baroque old town from there.

Day 2: Salzburg – Golling, approx. 35 km

Let's head south. Grab your bike right after breakfast and follow the Salzach upstream. Through shady meadows you will roll comfortably to Hallein, where you will explore the oldest salt mine in the world. Would you rather climb to lofty heights than enter the depths of a mine? Then take a short hike from Golling to the waterfall of the same name - a natural spectacle in impressive surroundings.

Day 3: Golling - St. Johann in Pongau, approx. 35 km

The moderate ascent to the Lueg pass is completed right at the beginning. You will be rewarded with a magnificent view of the Tennengebirge. The Salzach valley narrows here and you pass the Salzachklamm gorge. To the right and left of the path, the over 1000-metre-high rock walls rise into the air. The trail continues to Bischofshofen. Every year on Epiphany Day, the final jump of the Four Hills Tournament takes place at the ski jump. A few kilometres from today's overnight stop is the famous Liechtensteinklamm gorge.

Day 4: St. Johann – Mölltal, approx. 60 km + Train ride

Today, the first crisp climb to Oberuntersberg through the wild and romantic Gastein valley awaits you. Once you arrive in the cosy spa town of Bad Gastein, the metres of altitude in your legs are almost forgotten, as warm hospitality and the breathtaking nature of the mountains await you. Would you prefer to take it a little easier? Then take the train from St. Johann to Bad Hofgastein and save yourself a few ascents. No matter which means of transport you used to get to Böckstein: Here you change to the train and rush through the Tauern lock to the south side of the main Alpine ridge to Mallnitz in the Mölltal valley in just 10 minutes.

Day 5: Mölltal – Spittal, approx. 30 km

In the saddle, a leisurely ride awaits you in the Mölltal valley through an impressive high mountain landscape. Soon you reach the Drau in the village of Möllbrücke and thus the sunny south of Austria. Leisurely cycle through idyllic villages and enjoy the breathtaking nature. In Spittal an der Drau, visit Porcia Castle, one of the most important Renaissance buildings north of the Alps.

Day 6: Spittal – Villach, approx. 40 km

You start this cycling stage framed by the imposing mountains of the Carinthian Alps. You cycle along a dike with wonderful panoramic views of the surrounding villages. Over bridges and small footbridges, the Alpe-Adria Cycle Path leads you to Villach. Enchanting nature, grazing cows and many inviting resting places make your bike tour a pure joy! You might think the valley is making way for you. Shortly before Villach, the valley widens and the mountains recede into the background. Villach, Carinthias second largest city, awaits you. The Dobratsch is the local mountain, it is also called the mountain of butterflies, as it is home to up to 1300 different butterfly species.

Day 7: Villach – Gemona region, approx. 60 – 70 km + train ride

Today you leave Austria behind and welcome Italy. The first part, a strenuous climb, is comfortably bridged by train. Before you get on your bike in Tarvis, stay a little longer in this traditional town. Different languages, cultures and culinary diversity meet here. Pedalling leisurely, you cycle through the tranquil Canal Valley on the Alpe Adria cycle path. The narrow valley impresses with a beautiful panorama of the surrounding forested mountains.

Day 8: Gemona – Udine, approx. 55 km

Today's stage of the Alpe Adria Cycle Path begins at the foothills of the Julian Alps. The small historic town was lovingly rebuilt after an earthquake. The columns of the cathedral have been leaning since the quake, but this only makes the visit to the town's landmark more interesting. Swing back into the saddle and marvel at the view that awaits you. You leave the rugged mountain ranges behind and follow the path, which is now lined with vines.

Day 9: Udine – Grado, approx. 55 km

Stroll through Udine and let yourself be infected by the conviviality of the inhabitants. Visit the Venetian buildings and stop at a typical wine tavern for a tasting of the local grape varieties. You will cycle lively through wide reed landscapes and along small waterfalls. Soon the salty scent of the sea wafts around your nose, a sign that the destination of your journey on the Alpe Adria Cycle Path is not far away. The former fishing town of Grado lies in a lagoon, surrounded by wonderful flora and fauna.

Day 10: Individual departure

After breakfast you start your individual return journey home or extend your stay.