Cycling holiday in South Tyrol

8 DAYS / 7 NIGHTS, APPROX. 280 – 300 KM BOOKING CODE: IT-ETBB7 DAILY ROUTE LENGTH ••••

TOPOGRAPHY •••••







Your tour

Welcome to the sunny side of the Alps – welcome to South Tyrol! Rushing rivers, legendary castles and idyllic lakes will enchant you. Vinschgau, Pustertal and the Dolomites as well as Brixen, Bozen and Meran set the course. Enjoy Tyrolean hospitality with a hearty meal and a good drop of wine.

Itinerary

Day 1	Individual arrival in Brixen
Day 2	Excursion to Alta Pusteria, approx. 65 km + Transfer
Day 3	Brixen – Bozen, approx. 40 km
Day 4	Excursion to Lake Kaltern, approx. 45 km
Day 5	Bolzano – Merano, approx. 35 / 40 km
Day 6	Excursion to the Vinschgau Valley, approx. 60 km + Train ride
Day 7	Merano – Brixen, approx. 35 / 50 km + Transfer
Day 8	Individual departure

Travel time

Season A	03.05.	13.09.	
Season B	07.05. – 21.05.		
Season C	24.05. – 10.09.		

Arrival Wednesday and Saturday 03.05. – 13.09.2025 The season is dictated by the arrival date.

Sarvicas

- → 7 nights with breakfast, national 3* / 4*-level
- → Ride on the Vinschgau Railway Merano Mals incl. bike
- → Luggage transport from hotel to hotel, max. 1 piece per person, max. 20 kg / piece
- → Cycle route description with maps (1 x per room)
- → Service-Hotline (7 days, 08.00 a.m. 08.00 p.m.)
- → Transfer Brixen Hochpustertal incl. bike
- → Transfer Meran Jaufenpass Sterzing incl. bike

Not included services

→ Citys or visitors tax, if payable

Basic price per person

Doubleroom, Season A	799,–
Doubleroom, Season B	889,-
Doubleroom, Season C	969,-
Additional fee single room	269,-

Additional night prices per person

Brixen DBL / BB	89,–
Brixen SGL / BB	109,-

Additional services per person

E-bike / Pedelec*	319,-
Rental bike (21-gear)*	125,-

^{*}including rental bike insurance

Exemplary hotel list

Brixen	Grüner Baum Hotels Brixen	http://www.gruenerbaum.it/de
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Bozen	Regina Bozen	https://www.hotelreginabz.it/de/
Bozen	Regina Bozen	https://www.hotelreginabz.it/de/
Meran	Flora Meran	http://www.hotel-residence-flora-merano. hotel-mix.de/
Meran	Flora Meran	http://www.hotel-residence-flora-merano. hotel-mix.de/
Brixen	Grüner Baum Hotels Brixen	http://www.gruenerbaum.it/de

Child reduction on basic price

0 - 5 Years	100%
6 - 11 Years	50%
12 - 14 Years	25%
15 - 17 Years	10%

Reduction for children is valid for accommodation in room with two full-paying guests.

Languages Travel documents

→ German, English, Italian

Additional note

- → All bookings are on request.
- → Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

Equipment of our rental bikes

- → Replacement tube (1 x per room)
- → Bike lock (1 x per room)
- → handlebar bag (1 x per room)
- → Air pump (1 x per room)
- → Waterproof pannier

Journey to Brixen

- → Nearest airports: Innsbruck, Verona Villafranca, Treviso, Venice Marco Polo
- → Train station: Bressanone

Parking in Brixen

- → The hotel has a garage and a parking lot, chargeable, payable on site.
- → No reservation by bike path travel possible.

Travel documents

→ Travel document dispatch to the arrival hotel, hotel list and arrival information in advance by e-mail

Stages description

Day 1: Individual arrival in Brixen

Brixen is one of Tyrol's oldest towns and for hundreds of years was the residence of Prince Bishops. In Stufels, the listed core of the town, relicts from the Stone Age have been discovered. The magnificent cathedral was where the bishop resided until 1964. And the Clarissan convent and the Capuchin monastery are witnesses to the influence of Christianity in the town.

Day 2: Excursion to Alta Pusteria, approx. 65 km + Transfer

Today you will take the train to Toblach. From here you will cycle on the well-developed Puster Valley cycle path along the river Rienz. You are now in the heart of the Dolomites, which are characterised by rocks as white as chalk, dark forests and clear turquoise water. Over Bruneck, which is overshadowed by the Bishop's Castle you will reach the monastery Neustift and from there cycle back to the start point.

Day 3: Brixen – Bozen, approx. 40 km

Today you will cycle through vineyards along the Eisack to Klausen. Here it is not a mighty castle which rises above the countryside, but a Benedictine monastery which is still inhabited today. There is enough time to explore the state capital Bozen. Do what ever you fancy, whether it is relaxing on the Walther Square, or taking a look at the famous Ötzi Mummy at the archaeological museum.

Day 4: Excursion to Lake Kaltern, approx. 45 km

Today the wine region Lake Caldaro is on the agenda. Castles and forts, churches and monasteries, romantic little towns, idyllic lakes for bathing and of course the vineyards, wine-growing estates and wine – you can read about all of this in South Tyrol's wine-growing museum, which is on your route. Take a dip in the idyllic Lago di Monticolo and visit the mountain museum in Sigmundskron Castle. There's definitely no time for boredom.

Day 5: Bolzano – Merano, approx. 35 / 40 km

Following the Wine Route you cross South Tyrol's largest fruit-growing region. Passing numerous orchards you reach Andrian which is where South Tyrol's oldest winery is to be found. And South Tyrol's fruit-growing museum is located in Lana. Once you have arrived in the spa

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town of Meran, you will be able to delight in the gentle Mediterranean climate here. The unique gardens of Castle Trauttmansdorf are worthy of a visit.

Day 6: Excursion to the Vinschgau Valley, approx. 60 km + Train ride

The Vinschgerbahn railway has been reactivated and you can use it to get to Mals, which was formerly the town of seven turrets. Today it has only five. Following the Etsch, the route takes you down to the valley through Vinschgau. The wood from Sonnenberg mountain is said to have been used to build Venice. Glurns is on today's path, one of the smallest towns in the Alps.

Day 7: Merano – Brixen, approx. 35 / 50 km + Transfer

Before the last section of the route, you go by transfer from Meran to the Jaufenpass and then on to Sterzing. If you like you can switch to your bike on the Jaufenpass and enjoy the unique panoramic landscape on a speedy descent to Sterzing. From the Fugger town of Sterzing you cycle along wonderful cycle paths from the top of the Eisacktal valley to the former border point in Franzenfeste.

Day 8: Individual departure

After breakfast you start your individual return journey home or extend your stay.

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