



INSIDER TIP

# Lake Constance, Rhine Falls & Allgäu

9 DAYS / 8 NIGHTS, APPROX. 350 KM  
BOOKING CODE: BO-KK8

DAILY ROUTE LENGTH ●●●●●  
TOPOGRAPHY ●●●●●



Active cycle tour through Upper Swabia

From Eur **999,-**



## Your tour

On this tour, you cycle through three different landscapes: You cycle around the lower lake, the maybe most beautiful section of the Lake Constance with the cities Constance, Stein am Rhein and the Rhine falls in Schaffhausen. You follow the Danube cycle path through young Danube valley, that is framed by impressive rocks. And you cycle through the slightly hilly Allgäu, with its lush green meadows and breathtaking alpine panoramas.

## Itinerary

<b>Day 1</b>	Individual arrival in Constance
<b>Day 2</b>	Constance – Schaffhausen, approx. 50 km
<b>Day 3</b>	Schaffhausen – Rhine Falls – Radolfzell, approx. 55 km
<b>Day 4</b>	Radolfzell – Mühlheim / Fridingen, approx. 45 km + train ride or approx. 65 km
<b>Day 5</b>	Fridingen – Scheer / Sigmaringen, approx. 55 / 45 km
<b>Day 6</b>	Sigmaringen – Bad Waldsee, approx. 60 / 55 km
<b>Day 7</b>	Bad Waldsee – Wangen im Allgäu, approx. 45 km
<b>Day 8</b>	Wangen – Constance, approx. 45 km + catamaran trip
<b>Day 9</b>	Individual departure

## Travel time

<b>Season A</b>	27.04. – 03.05.	21.09. – 28.09.
<b>Season B</b>	04.05. – 16.05.	07.09. – 20.09.
<b>Season C</b>	17.05. – 23.05.	09.06. – 04.07.      17.08. – 06.09.
<b>Season D</b>	24.05. – 08.06.	05.07. – 16.08.

Daily arrival 27.04. – 28.09.2025  
The season is dictated by the arrival date.

## Services

- 8 nights with breakfast, national 3\*-level
- Boat trip to the Rhine Falls rock
- Luggage transport from hotel to hotel, max. 20 kg / piece
- Catamaran trip Friedrichshafen – Constance incl. bike
- Cycle route description with maps (1 x per room)
- Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)

## Not included services

- Train ride Engen – Immendingen, approx. 10 EUR per person incl. bike
- Citys or visitors tax, if payable

## Basic price per person

Doubleroom, Season A	999,-
Doubleroom, Season B	1199,-
Doubleroom, Season C	1349,-
Doubleroom, Season D	1449,-
Additional fee single room	299,-

## Additional night prices per person

Constance DBL / BB	75,-
Constance SGL / BB	115,-

## Additional services per person

E-bike / Pedelec (freewheel)*	269,-
Teenager's bike*	49,-
Rental bike (27-gear)*	99,-
Sporty rental bike (30-gear)*	169,-
Parking (fenced) in Constance	49,-

\*including rental bike insurance

## Exemplary hotel list

Konstanz	Apartment-Hotel Konstanz	<a href="https://www.apartment-hotel-konstanz.de/">https://www.apartment-hotel-konstanz.de/</a>
Schaffhausen	Park Villa Schaffhausen	<a href="https://www.parkvilla.ch/">https://www.parkvilla.ch/</a>
Radolfzell	Stadtgarten Radolfzell	<a href="https://www.hotel-am-stadtgarten.de/">https://www.hotel-am-stadtgarten.de/</a>
Mühlheim / Fridingen	Hotel Sonne Fridingen	<a href="http://www.sonne-fridingen.de/">http://www.sonne-fridingen.de/</a>
Sigmaringen / Scheer	Hotel Donaublick Scheer	<a href="http://www.donaublick.de/">http://www.donaublick.de/</a>
Bad Waldsee	Grüner Baum Bad Waldsee	<a href="http://www.baum-leben.de/">http://www.baum-leben.de/</a>
Wangen im Allgäu	Alte Post Wangen	<a href="https://www.hotel-alte-post-wangen.de/">https://www.hotel-alte-post-wangen.de/</a>
Konstanz	Apartment-Hotel Konstanz	<a href="https://www.apartment-hotel-konstanz.de/">https://www.apartment-hotel-konstanz.de/</a>

## Child reduction on basic price

12 - 17 Years	25%
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Due to the more demanding stages, we recommend this trip only for young people with good stamina.

Children's discount applies for accommodation in a room with two full-paying guests, no discount from the age of 18. A multi-bed room is usually a double room with an extra bed or folding sofa. No four-bed rooms possible.

## Additional night prices per person

Bad Waldsee DBL / BB	75,-
Bad Waldsee SGL / BB	105,-
Mühlheim / Fridingen DBL / BB	55,-
Mühlheim / Fridingen SGL / BB	85,-
Radolfzell DBL / BB	85,-
Radolfzell SGL / BB	125,-
Schaffhausen DBL / BB	99,-
Schaffhausen SGL / BB	149,-
Sigmaringen / Scheer DBL / BB	55,-
Sigmaringen / Scheer SGL / BB	85,-
Wangen (Allgäu) DBL / BB	75,-
Wangen (Allgäu) SGL / BB	105,-

## Languages Travel documents

→ German, English, Dutch, French, Italian, Spanish

## Additional note

→ All bookings are on request.

→ Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

## Equipment of our rental bikes

→ Comfortable saddle

→ Bike lock

→ Luggage rack

→ Odometer

→ Air pump

→ Hub dynamo

→ Breakdown kit (1 x per booking)

→ Unflat Schwalbe Marathon Plus tyres or comparable

→ Waterproof pannier

→ Waterproof handlebar bag with map holder

→ Further information and photos of the rental bikes are available: [www.cycling-holiday.com/rental-bikes](http://www.cycling-holiday.com/rental-bikes)

## Journey to Konstanz

→ Closest airport: Zurich, Stuttgart, Basel, Karlsruhe, Memmingen, Friedrichshafen

→ Train station: Constance

## Parking in Konstanz

→ Fenced parking lot near the Radweg-Reisen office in Constance, must be booked and paid in advance.

→ Parking garages (Fischmarkt, Dammgasse, Lago, Altstadt, Benediktinerplatz), costs approx. 25 Euro / day

→ Hotel parking spaces (available in individual hotels, chargeable, details in the travel documents)

## Bike handover

→ Pick-up at Radweg-Reisen in Konstanz between 9 am and 7 pm, 7 days per week. On request delivery to the hotel, then no individual adjustment by our staff on site. Departure: Return at Radweg-Reisen or guests leave them at the hotel.

## Luggage transport

→ Luggage pick-up from 09.00 a.m., delivery to the next hotel by 06.00 p.m. at the latest, labeling of luggage is 1 x for the whole tour. No restriction on the number of pieces of luggage, but max. 20 kg per piece of luggage.

## Travel documents

→ 1 set (per booked room) consists of: hotel list and voucher, travel information with details on daily stages, short travel guides and route descriptions, maps, luggage tags

→ Dispatched up to four weeks before arrival. For short-term bookings, delivery to the start hotel, hotel list and arrival information will be sent by email

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## Stages description

### Day 1: Individual arrival in Constance

Take the opportunity to visit the island of Mainau, wander through Constance's old town or visit the aquariums in the Sea Life Center and go to the Archaeological Museum.

### Day 2: Constance – Schaffhausen, approx. 50 km

Following the side of Lake Constance, you pedal to Stein am Rhein with its frescoed, medieval houses. Switching several times between Germany and Switzerland you reach the canton's capital, Schaffhausen. The town, whose citizens competed with each other in building gables on their houses, is overlooked by Munot fort.

### Day 3: Schaffhausen – Rhine Falls – Radolfzell, approx. 55 km

After a good breakfast you cycle to the Rhine Falls, only about 5 km downstream from Schaffhausen. You can get right up close to them on a boat – an unforgettable experience! Then follow the Rhine upstream back to Stein am Rhein. From there you cycle along the Höri peninsula, which was home to Hermann Hesse and Otto Dix for a time, to Radolfzell. Enjoy the views over to Reichenau island and the Hegau volcanoes!

### Day 4: Radolfzell – Mühlheim / Fridingen, approx. 45 km + train ride or approx. 65 km

You now turn your back on the lake and cycle past Langenstein Castle and the Aach spring, whose water mostly comes from the Danube. You are heading for Engen. We can recommend a train ride from here to Tuttlingen in order to avoid the incline involving some 500 metres of altitude. Along the Danube you roll - seemingly without effort - to Mühlheim and Fridingen.

### Day 5: Fridingen – Scheer / Sigmaringen, approx. 55 / 45 km

The chalkstone rocks rise some 100 metres above the cycle path which snakes its way through the rocks here, following the river. You will keep seeing an old castle on the rocks above or rather what remains of it. In Sigmaringen there's another magnificent castle to be discovered, Hohenzollern Castle is still lived in by a noble family and you can go an interesting guided tour if you like.

### Day 6: Sigmaringen – Bad Waldsee, approx. 60 / 55 km

Along the Danube you cycle to Hundersingen, where it's worth visiting the open air museum of Heuneburg. From here you head south for the Upper Swabian spa area with its many thermal springs. Today's destination is Bad Waldsee, mud spa and Kneipp spa resort with a Spätzle (German noodle) museum, where you can learn all about this favourite local dish.

### Day 7: Bad Waldsee – Wangen im Allgäu, approx. 45 km

Today, you leave Upper Swabian for Allgäu and arrive in Wolfegg, where you can visit the extensive farmhouse museum. Via Kisslegg, you cycle on to Wangen in Allgäu with unspoiled city towers, many fountains and Baroque-style pub signs.

### Day 8: Wangen – Constance, approx. 45 km + catamaran trip

You cycle along the Danube-Lake Constance-cycle path today, through the Tettang hops area, the most southern hopsgrowing area in Germany. Pedaling through orchards, you cycle to Kressbronn, where you find yourself back on Lake Constance. Following the Lake Constance cycle path, your tour takes you finally to Friedrichshafen, where you hop on to a catamaran to be returned to Constance.

### Day 9: Individual departure

After breakfast you start your individual return journey home or extend your stay.